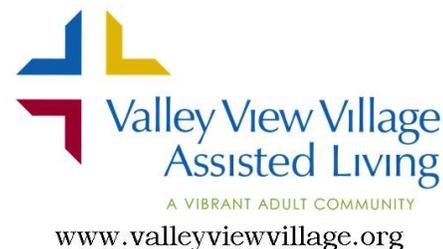


TENANT TIMES NEWSLETTER



www.valleyviewvillage.org

Second Quarter
Apr.-Jun. 2018

Shelly's Corner

Shelly Charter, Housing and Marketing Manager
299-1740 scharter@elimcare.org

Happy Spring!

I hope you are as excited as I am about the warmer weather, flowers, and sunshine! It feels like it's been a long winter, and doesn't that makes us appreciate Spring even more?

We have some exciting activities planned over the next few months, Social Drumming, Mothers & Father's Day Events, various outings just to name a few.

Make sure you "like" us on Facebook, so you can keep up with the fun.

Some of you may not be aware that we have an awesome Licensed Massage Therapist that comes to our campus once a month – Mariah Vis. Mariah is here the 3rd Friday of each month, and can provide a massage for \$1/minute. I see her every month, and speaking from experience, she is amazing! My aches and pains melt away under her skilled touch. I'd encourage you to give her a try, or talk to me about a gift certificate – what a great Mother's or Father's Day gift. You can sign up for a massage time with Peggy. I'm so excited to share that our program has been awarded six "best in class" awards by Pinnacle, a national firm that measures these things. They were in the following categories:

- Variety of Food/Menu Choices
- Quality of Food
- Dining Service
- Response to Problems
- Safety and Security
- Overall Customer Experience

All of us work hard to pursue excellence; and I'm proud of our team for this achievement!

You know my door is always open, so call or email me if there's anything we can help you with.

Enjoy this beautiful time of year!

Keep up with us at:

www.valleyviewvillage.org or
www.facebook.com/ValleyViewVillage/

Upcoming Events

April 5	2-3:30pm	Meditation class
April 19	10:15am	Checkerboard Restaurant
April 26	2pm	Social Drumming
May 11	2pm	Mother's Day Event Younkers-The Friendly Store with Vicki Ingham Main Dining Room
May 15	11am	Pella Outing
May 22	11am	Pella Outing
May 24	2pm	Polka Club of Iowa
June 12	11am	John Wayne Museum Tour
June 14	2pm	Father's Day Event History of Baseball in DSM with Leo Landis Main Dining Room
June 19	10:15am	The Machine Shed
June 30	11am-1:30pm	Annual Family Picnic

Please remember that our calendar is subject to change.

Keep up to date by viewing our full activity calendar at

www.valleyviewvillage.org

Exercise class is from 11-11:30 Mon-Fri

Senior Fit is from 11-11:30 on Tues & Fri

Men's Group meets every Friday at 9:30am

Enjoy Bingo every Wednesday and Friday at 2pm
Seating begins at 1:30

facebook



Like us!

Find us at www.facebook.com/ValleyViewVillage
and "Like" us so you can follow the fun!



**Happy Birthday
To all of our April, May,
and June Birthdays!**

**Birthdays Lunches
Wednesday, April 18th
Wednesday, May 16
Wednesday, June 20th**



These two are looking for a nice place to make their nest!



Wise and Well
Robyn Walker, RN Coordinator
 299-1741 rwalker@elimcare.org

Happy Spring everyone! We have a lot going on here at Valley View Assisted Living, so I would like to challenge you to try something new this spring! We have AL Fit which meets every Tuesday and Friday at 11 am in our wellness room. Here we work on exercises with strengthening movements incorporating light weights, plus we have a lot of fun! We also have our ‘Let’s Walk’ group that meets at 9am on Monday, Tuesday, Thursday and Friday. Come get together with Peggy and your friends and enjoy a nice walk inside or around our beautiful campus! Come enjoy our new mediation program! We meet every Thursday in our Wellness room at 1pm. We still have our monthly ‘Just Us Girls’ club and a men’s coffee club that meets every Friday at 9:15 in the 1st floor lounge. On April 26, we have a very special program called social drumming. This program will allow you to beat on a drum and have fun with your friends. These are just a few things that are going on here at Valley View Village. Come out and enjoy the fun!

Have a great Spring!



Caregiver Spotlight

**Rhonda Foster
Universal Worker**

Rhonda has been with us for 1 1/2 years. Her time with her mother helped inspire her to want to give back and spend time with seniors.

She said every day is a new experience and she’s enjoyed being here every day.

“Working with seniors teaches you patience, compassion, and empathy. They are so easy to love. We also have a great team of employees working here.”

Rhonda has an infectious laugh that makes us all smile! She takes the time to remind our tenants just how special they truly are.

Thank you for your loving and dedicated service, Rhonda!

